

CERTIFICATE PROGRAM

Person-Centered Expressive Arts Therapy

www.personcenteredexpressivearts.com

in collaboration with Meridian University meridianuniversity.edu

SIX WEEK, TWO YEAR PROGRAM STARTING AUGUST 2019

EXPRESSIVE ARTS

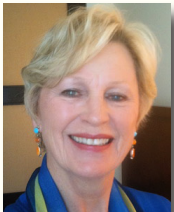
for Healing & Social Change: A Person-Centered Approach

This unique certificate program for 2019/2021 combines experiential learning, theory and practice in the person-centered philosophy of Carl Rogers and the expressive arts: movement, sound, visual arts, creative writing and drama. The program is six residential weeks over two years, with a commitment to both years.

Participants come from around the globe wishing to use the expressive arts in counseling, teaching, mediation, social action and group facilitation, and/or to awaken personal growth and creativity. They attend six week-long Residential Intensives over two years at Westerbeke Ranch, in Sonoma, CA. You'll love the peaceful country retreat nestled among oak trees, surrounded by rolling hills and the vineyards of Sonoma's Valley of the Moon. Starting August 2019. www.westranch.com



This program was developed by **Natalie Rogers**, Ph.D., REAT (1928-2015), author of *The Creative Connection: Expressive Arts as Healing* (1993), and *The Creative Connection for Groups* (2011). Dr. Rogers practiced as a psychotherapist for 30 years and facilitated many workshops with her father, Carl Rogers. This program is a culmination of Natalie's pioneering work in the field of expressive arts, that took her around the world and has inspired a new generation of PCEAT practitioners.



Sue Ann Herron, Ph.D. Psychology. Dr. Herron is Director and Executive Faculty of the Person-Centered Expressive Arts Program at PCEAL, is on the faculty of Saybrook and Meridian Universities. She worked with Natalie Rogers 13 years collaborating, designing and co-facilitating the PCEAT Program for psychology students, educators, counselors, social workers, and healthcare professionals from around the world. Dr. Herron wrote Natalie Rogers's biography and co-authored chapters "Person-Centered Expressive Arts Therapy: An experiential psychology of self-realization" in P. Wilkins, *Person-Centered and Experiential Therapies* and "Cutting-edge person-centred expressive arts" in C Lago & D. Churara, eds. *Person Centred Counselling and Psychotherapy Handbook: Origins, Developments and Contemporary Applications*.



Allison Cressy Wilson, Ph.D. Dr. Wilson is a Licensed Professional Counselor and worked many years as a school counselor. She is a faculty member at the University of Alaska Anchorage, and earned her doctorate in Organizational Systems from Saybrook University. Exposure to Natalie Rogers' Person Centered Expressive Arts intensive in her doctoral program inspired her dissertation about how facilitators contribute to group synergy and collective resonance.

TUITION \$8,000 per year (\$16,000 total) for this six week, 450 hour training. **Payment plan available.** Delightful rooms and healthy on-site chef-prepared meals at Westerbeke Ranch. Rooms are shared at \$1000 per residential week and include three meals per day. www.westranch.com
TO APPLY please email: Sue Ann Herron at sueannaherron@comcast.net

FOR COURSE DESCRIPTION go to www.personcenteredexpressivearts.com or contact Sue Ann Heron at sueannaherron@comcast.net



Open to both Meridian and non-Meridian students.



Course Titles

- Nourishing the Soul August 2019
- Client-Centered Expressive Arts for Counseling January 2020
- Wisdom of the Body April 2020



- Expressive Arts for Social Change August 2020
- Group Dynamics and Facilitation I January 2021
- Group Dynamics and Facilitation II April 2021

We Will Explore

- How the creative process connects us to body, psyche, soul and world
- How the person-centered approach enhances emotional intelligence, healing, relationships and manifesting our potentials
- The use of expressive arts in counseling, teaching and group work

Full course description at www.personcenteredexpressivearts.com

